

January Highlights at Foundations EDU



Our little chefs worked hard to make some delicious, healthy snacks! With the help of our AmeriCorps member, Jolie Pelow, we learned all about “go, slow, and whoa” foods, the different food groups, and how we can make healthy choices (that taste great too)!



We have **loved** playing outside with all of this fresh, fallen snow! The only thing as great as playing in the snow with friends is coming inside to delicious hot cocoa you made yourself. Yum!!



We made volcanoes for science week. We observed one and worked as a team to improve our volcanos. We had so much fun making them and watching them “explode.”

